

Classics

Good Start Breakfast

Oatmeal, cold cereal or Housemade almond granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin. Includes juice and coffee \$7.95

All American Breakfast*

Two eggs any style with crisp hash browns. Choose bacon, ham, sausage or Canadian bacon and toast, bagel or muffin. Includes juice and coffee \$9.95

Good Start Buffet

Oatmeal, cold cereal, or Housemade almond granola with fresh berries or bananas, skim milk and your choice of breakfast breads. Includes juice and coffee. \$9.95

All American Buffet*

The Good Start buffet PLUS eggs cooked to order, Belgian Waffles and a selection of breakfast meat. Includes juice and coffee \$12.95

3-Egg Omelets

with wild mushrooms and fontina cheese \$6.95
asparagus, goat cheese and basil \$9.95




Steak and Roasted Tomato*

Eggs Benedict (carb conscious)

6oz. NY strip; eggs benedict over a roasted tomato with mushrooms and bacon hash \$13.95

Crunchy Grilled French Toast (low cholesterol) whole wheat bread dipped in cholesterol-free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup \$6.95

Egg White Vegetable Frittata (low fat) spinach, mushrooms and fennel with tomato basil relish \$7.95

 "Fit For You" Items have been selected to meet the diverse dietary needs of our guests. We will be happy to answer any questions you may have.

Signatures

Caramelized Banana Pancakes \$6.50
Huevos Rancheros* \$9.95

Specialties

Traditional Eggs Benedict *

Canadian bacon and hollandaise \$8.95

Fresh Toast

Maple syrup and whipped butter \$8.95

Fast Fare

Quickly scrambled eggs, diced ham and hash brown \$8.95

Buttermilk Pancakes \$5.95

Broken Yolk Fried Egg Sandwich

Sourdough, cheddar, maple pepper bacon, grilled tomato and has browns \$7.95

Fresh Fruit Platter

Best of the season served with fruit yogurt \$6.95

Breakfast Quesadilla

Egg, bacon, cheddar in a wheat tortilla \$6.59

Etc.

Freshly Squeezed Orange Juice \$2.95

Grapefruit, Cranberry or Tomato Juice \$2.95

Fresh Brewed Coffee, Decaffeinated Coffee
\$1.95

Selection of Teas \$1.95

Milk, Chocolate Milk, Hot Chocolate \$2.50

Yogurt Granola Parfait \$4.95

Oatmeal, Fresh Fruit and Brown Sugar \$3.95

Selection of Cold Cereals \$3.95

Croissant or Muffin \$3.95

Toasted Bagel with Cream Cheese \$3.50

Single Benedict* \$4.95

Maple Pepper Bacon \$3.95

Sausage or Bacon \$3.50

Grilled Tomatoes \$2.50

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness.